

# Tofurky Sandwich

2 packages of Tofurky – about \$3 each. Can be purchased at Fred Myers, Target, Whole Foods

3 or four Tablespoon of Vegenaize – about \$8/qt. Can be purchased at Fred Myers, Target, Safeway

¼ of medium sized yellow onion

2 cloves of Garlic

Add to Tofurkey, Garlic and Onion to food processor and mix. Then put in a bowl and mix in Vegenaize. Spread on your favorite bread and enjoy.

